



HORNET HEALTHY LIVING: VOLUME 8
Please contact the School Nurse with concerns.
We are here for our students and staff!



Things to know about COVID-19 Vaccines

Facts about COVID-19 Vaccines

- COVID-19 vaccines will not give you COVID-19
- COVID-19 vaccines will not cause you to test positive on COVID-19 viral tests
- You can still receive the vaccine after having the virus. But, you must wait at least 90 days from diagnosis.
- Receiving a COVID-19 vaccine will not alter your DNA
- The vaccine is free for all
- The duration of vaccine immunity is unknown at this time

- Pfizer Vaccine
 - o 2 shots required
 - o Second shot must be taken 21 days after first shot
 - o Must be 16 years or older to receive vaccine
- Moderna Vaccine
 - o 2 shots required
 - o Second shot must be taken 28 days after first shot
 - o Must be 18 years or older to receive vaccine
- The 2 required shots must be from the same manufacturer (they can't be interchanged)
- Both Pfizer and Moderna have around a 95% efficacy rate against COVID-19

- If you are pregnant, consult your OB/GYN before receiving the vaccine
- If you are immunocompromised, consult your specialist before receiving the vaccine

Common side effects:

- Pain and/or swelling on the arm where you got the shot.
- Fever
- Chills
- Tiredness
- Headache

Keep in mind...

- Even after you receive your vaccine, you will still be required to wear a mask and social distance.