



PASSAIC VALLEY ★
REGIONAL HIGH SCHOOL ★
Serving Little Falls, Totowa, & Woodland Park



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HORNET HEALTHY LIVING: VOLUME 16

The American Academy of Pediatrics Urges Teens to get the Covid Vaccine!

16 or older?? You may receive the Pfizer Vaccine

18 or older?? You may receive the Moderna Vaccine

What are the benefits of being fully vaccinated???

- 1.No need to quarantine after being exposed to Covid
- 2.No need to quarantine after travel
- 3.No masks needed indoors with others that are also fully vaccinated
4. No masks needed outdoors in small gatherings

Common side effects: pain at injection site, fatigue, headache, chills, joint pain, fever, muscle pain. Get a Covid test if side effects last longer than 2 days. **THIS MAY BE A SIGN THAT YOU CONTRACTED COVID PRIOR TO GETTING THE VACCINE!**

